

**Workplan and Methodology for STSM**

STSM Title:

Start and end date: DD/MM/YYYY to DD/MM/YYYY

The STSM is planned for a duration of **[insert number] weeks**, during which the applicant will engage in experimental work, method training, and collaborative planning aligned with the scientific goals of **COST Action CA22109 – MedPlants4Vet**.

Detail the work to be carried out, ideally broken down **week by week** and by major milestones.

| **Week** | **Planned Activity** | **Milestone** |
| --- | --- | --- |
| Week 1 |  |  |
| Week 2 |  |  |
| Week 3 |  |  |
| Week 4 |  |  |

Include methodologies to be used, reference standards, databases, or collaborative discussions, as applicable.

**Signature and Agreement**

**Applicant Signature**:  
Date:

**Host Institution Supervisor Name and Signature**:  
Position:  
Date: